

## University of Groningen

### Worry and rumination: Recent advances in understanding the processes

Eisma, Maarten; Topper, Maurice

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# 43rd Annual Congress

European Association for Behavioural  
and Cognitive Therapies



# 43ème Congrès Annuel

l'Association Européenne des thérapies  
comportementale et cognitive

المؤتمر السنوي 43  
الجمعية الأوروبية للعلاج السلوكي المعرفي

**Palais des Congrès  
de la Palmeraie**

Marrakech, Morocco

25th–28th September 2013



[www.arabpsynet.com/Congress/CongJ37-XXXXIIIemeAECBTMarrakech2013.pdf](http://www.arabpsynet.com/Congress/CongJ37-XXXXIIIemeAECBTMarrakech2013.pdf)





# The European Associations for Behavioural & Cognitive Therapies

Austrian Association for Cognitive and Behaviour Therapy | Association for Behaviour Modification in Austria | Association for Behaviour Modification in Germany | Association for Behaviour Modification in Switzerland | Association for the Study, Modification and Therapy of Behaviour (Belgium) | Association Francophone de Formation et de Recherche en Therapie Comportementale et Cognitive | Association of Behavioural Therapy and Cognitive Therapy (The Netherlands) | Association for Cognitive and Behavioural Therapies (Montenegro) | Association for Cognitive Behavioural Psychotherapy in R. of Macedonia/ FYROM (ACBPRM) | Bosnia and Herzegovina Association for Cognitive and Behavioral Therapy | British Association for Behavioural and Cognitive Psychotherapies | Bulgarian Association for Cognitive Behaviour Psychotherapy | Catalan Society of Behaviour Research and Therapy | Croatian Association for Behavioural-Cognitive Therapies | Czech Society for Cognitive Behaviour Therapy | Danish Association of Behavioural and Cognitive Therapy | Estonian Association for Cognitive Behaviour Therapy | Finnish Association for Cognitive and Behaviour Therapy | Finnish Association for Behavioural Analysis and Cognitive Behaviour Therapy | Flemish Association of Behaviour Therapy | French Association of Behaviour and Cognitive Therapy | German Association for Behaviour Therapy | German Professional Association for Behaviour Therapy | Greek Association for Behavioural Modification and Research | Greek Association for Cognitive and Behavioural Psychotherapies | Hungarian Association for Behavioural & Cognitive Therapies | Icelandic Association for Cognitive and Behavioural Therapies | Irish Association of Behavioural And Cognitive Psychotherapy | Israeli Association For Behavioural-Cognitive Therapy | Italian Association for Behavioural Analysis & Modification, & Behaviour & Cognitive Therapies | Italian Association for Behavioural and Cognitive Therapy | Kosovo Association of Cognitive of Behavior Therapy | Latvian Association of Cognitive and Behavioural Therapies | Lithuanian Cognitive Behaviour Therapy Association | Norwegian Association for Cognitive Therapy | Polish Association for Cognitive and Behavioural Therapy | Portuguese Association of Behaviour Therapy | Rumanian Association of Hypnosis and Cognitive Behavioural Psychotherapy | Rumanian Association for Behavioural and Cognitive Therapy | Serbian Association for Behavioural and Cognitive Therapies | Slovenian Association for Behaviour and Cognitive Therapies | Swedish Association of Behaviour Therapy | Swedish Association for Cognitive and Behavioural Therapies | Swiss Association of Behaviour Therapy | Swiss Association for Cognitive Psychotherapy | Turkish Association for Cognitive and Behavioural Psychotherapy | Ukrainian Institute of Cognitive-Behavioural Therapy

**Affiliated associations:** Canadian Association of Cognitive and Behavioural Therapies; Lebanese Society for Cognitive and Behaviour Therapy; Moroccan Association for Behaviour and Cognitive Therapies

# An invitation to EABCT 2013

The European Association for Behavioural and Cognitive Therapies (EABCT) has the pleasure of running its 43rd Annual Congress from 26th–28th September 2013 in the beautiful city of Marrakech where we know that we have a setting that will ensure delegates will experience a Congress they will remember for many years to come.

This brochure provides information on the scientific and social programme that you will experience together with information on how to register for the congress and organise your trip to Marrakech. Regular updates on the congress scientific programme, the workshops, social programme and further information on Marrakech and Morocco is available on the congress website.

**[www.eabct2013.com](http://www.eabct2013.com)**

We have the pleasure of inviting you to the 43rd Annual Congress of EABCT to be held in Marrakech, Morocco from the 26th–28th September 2013. The Congress is organised by EABCT and the team that made the World Congress in Barcelona in 2007 such a success.

The venue is the Palais des Congrès de la Palmeraie and we are looking forward to our collaboration with the Moroccan Association for CBT to provide a scientific programme that will showcase the development of CBT across Europe and beyond. The congress will provide a unique opportunity for delegates to discover and enjoy the culture and diversity of one of its neighbours in North Africa and give a real experience to one of the major themes of the congress which is to develop our understanding and knowledge of “CBT and Culture”.

We look forward to seeing you in Marrakech.

**Rod Holland** | President EABCT



Rod Holland



The Moroccan Association of CBT, the University of Casablanca and the City of Marrakech will welcome the 43rd EABCT Congress to the beautiful city of Marrakech. We will ensure that the congress is not only a great scientific success but also an experience that you will remember all your life.

Over the past few years we have formed close friendships with many EABCT associations and CBT therapists from across the world who have contributed to our CBT training programme. The congress will be the largest gathering of CBT on the African Continent and a stimulus for the continuing growth and development of CBT in Africa into future years.

We will have a warm welcome for you and give you the opportunity to discover new ideas and make new friends in a new culture.

**Jamal Chiboub, Nadia Kadri**  
Joint Organisers AMTCC



Jamal Chiboub



Nadia Kadri





# Organisation

## The EABCT Organising Committee

**Andreas Veith**  
Congress  
Organiser



**Rod Holland**  
President, EABCT

**Antonio Pinto**  
EABCT Congresses Coordinator

**Maria do Ceu Salvador**  
Congress Treasurer

**Philip Tata**  
Chair of Scientific Committee

## AMTCC Committee

**Jamal Chiboub** | Fès

**Nadia Kadri** | Casablanca

**Said Ech-Cherif El Kettani** | Meknes

**Kawtar Halty** | Casablanca

**Nazha Fahem** | Casablanca

**Hassan Hafidi Alaoui** | Meknes

**Fatine Fifani** | Azrou

## Scientific Committee

**Chair of  
Scientific  
Committee**  
**Philip Tata**  
EABCT



**Susan Bogels**  
Netherlands | Child and Adolescent Mental Health

**Peter De Jong**  
Netherlands | Basic Psychological Processes

**Rob Dudley**  
UK | Therapeutic and Applied Issues

**Miguel Fullana**  
Spain | Adult Mental Health

**Kristoffer Mansson**, Sweden and **Nick Hawkes**,  
UK | Open papers and Posters

**Pierre Philippot**  
Belgium | CBT & Cultures

**Antonio Pinto**  
Italy | Special Interest Groups

**Agnieszka Popiel**  
Poland | Training, Supervision and  
International Standards

**Craig Steel**  
UK | Psychosis (including bipolar disorder)

**Mehmet Sungur**  
Turkey | Sex, Marital and Family Relationships

**Nicole Tang**  
UK | Behavioural Medicine

**John Taylor**  
UK | Learning Disabilities, Developmental  
Disorders & Forensic

**Glenn Waller**  
UK | Eating & Addictive Disorders

## Joint Chairs, French Programme Committee

**Nadia Kadri** | Casablanca  
**Jamal Chiboub** | Fès

**Fatima Asri** | Marrakech

**Jean Cottraux** | Lyon, France

**Charly Cungi** | Rumilly, France

**Christine Mirabel Sarron** | Paris, France

**Driss Moussaoui** | Casablanca

**Jallal Toufiq** | Rabat

**Tyal Hachem** | AMPEP

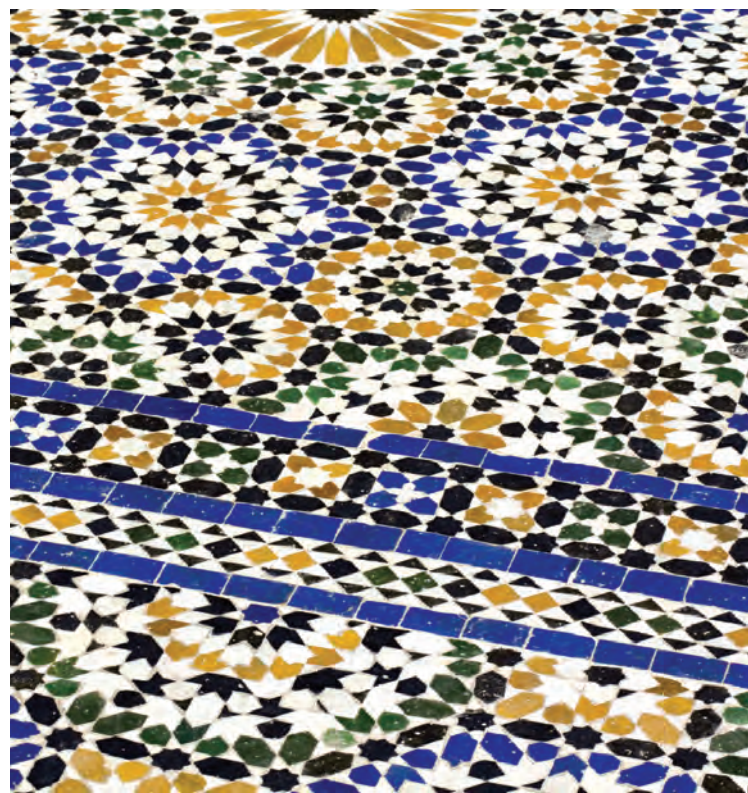


# Scientific Programme

The congress will run for 3 days from Thursday 26th September – Saturday 28th September 2013 with 12 full day workshops being held on Wednesday 25th September. The main scientific programme will be in English, but there will also be a French language stream. The programme will have distinct themes that will represent the “state of the art” and all that is excellent in contemporary theory, research and practice in CBT.

## This will include:

- Multiple themes that are internationally relevant and covering both the theory and practice of contemporary CBT.
- Invited addresses from internationally recognised experts in CBT
- A wide range of parallel sessions including symposia, panel debates and clinical presentations
- A programme of half day in-congress workshops.
- Open Paper and Poster sessions
- Book and Equipment Exhibition and displays
- Special Interest Group (SIG) professional and scientific sessions



The Scientific Programme is being assembled, according to the Congress themes, by the scientific committee. The Invited Addresses and full day Invited Pre-Congress Workshops have now been agreed. These can be found on the following pages, along with details of the invited presenters for the French language stream, which forms approximately 15% of the overall programme.

These presenters, who are leaders in their field, give you a good indication of the range and quality of what is to come in the final programme. Do make sure you register on the website your email details so that we can keep you informed of important developments in the Scientific Programme of EABCT2013.

**Visit the Congress website [www.eabct2013.com](http://www.eabct2013.com) for details of the programme.**

## Call for Papers

The Congress will undoubtedly have state-of-the-art presentations across the full-breadth of CBT, and from all over Europe and the world. You should aim to be part of this and consider submitting to the Scientific Programme - there is a wide range of formats for submissions available, including:

**Symposia | Panel Debates | Clinical Roundtables | In-Congress Workshops | Open Papers | Posters**

The call for papers is open until **3rd March 2013**

<b>Outline Programme</b>	Details about the invited addresses and pre-conference workshops are available in this programme and on the website from August 2012. Details of the social and wider professional programme are also provided.
<b>Final Deadline</b>	All submissions can be made until 3rd March 2013 (Posters accepted until 21st April 2013) and notification of whether submissions have been accepted will take place in April/May 2013
<b>Final Programme</b>	This will be available on the website from July 2013 when all of the submissions have been reviewed by the Scientific Committee. It will provide a comprehensive guide to the scientific programme running throughout the EABCT 2013 and final congress arrangements.



# Invited Addresses



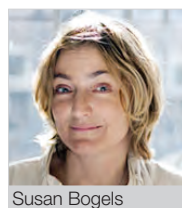
Arnoud Arntz



Judith Beck



Richard Bentall



Susan Bogels



Tom Borkovec



Laurence Claes



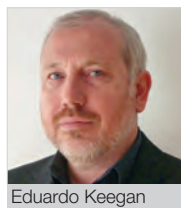
Kurt Halhweg



Richard Hastings



Colette Hirsch



Eduardo Keegan



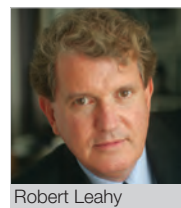
Merel Kindt



David Kingdon



Ernst Koster



Robert Leahy



Steven Linton



Jurgen Margraf



Ron Rapee



Paul Salkovskis



Mehmet Sungur

## Schema Therapy for Personality Disorders

**Arnoud Arntz**, Maastricht University, The Netherlands

## Cognitive Therapy of Personality Disorders

**Judith Beck**, University of Pennsylvania, USA

## The Social Origins of the Positive Syndrome of Psychosis

**Richard Bentall**, University of Liverpool, UK

## Mindfulness in Families

**Susan Bogels**, University of Amsterdam, Netherlands

## Culturally Sensitive Cognitive Behavioural Therapy for Anxiety

**Tom Borkovec**, University of Illinois, USA

## Resisting Temptations: How to Deal with Impulsive Behaviors in Eating Disorders

**Laurence Claes**, Catholic University of Leuven, Belgium

## Prevention of Couple Distress and Child Behavioral and Emotional Problems

**Kurt Halhweg**, TU Braunschweig, Germany

## Psychological Therapies for People with Intellectual Disabilities

**Richard Hastings**, University of Bangor, UK

## Cognitive Processes that Maintain Generalised Anxiety Disorder

**Colette Hirsch**, King's College, London, UK

## Depression, Self-criticism and the Waves of CBT

**Eduardo Keegan**, University of Buenos Aires, Argentina

## Forgetting Fears: A Translational Approach to the Treatment for Anxiety Disorders

**Merel Kindt**, University of Amsterdam, The Netherlands

## CBT Across Cultures: Isn't Being Receptive and Collaborative Enough?

**David Kingdon**, University of Southampton, UK

## Can Cognitive Science Assist in the Diagnosis & Treatment of Affective Disorders?

**Ernst Koster**, Ghent University, Belgium

## Emotional Schemas and CBT

**Robert Leahy**, American Institute of Cognitive Therapy, USA

## A Transdiagnostic Approach to Pain and Sleep

**Steven Linton**, Orebro University, Sweden

## Short Term therapy, Long Term Success: Optimizing Psychological Treatments

**Jurgen Margraf**, Ruhr-University of Bochum, Germany

## The Treatment of Anxiety Disorders in Children and Adolescents

**Ron Rapee**, Macquarie University, Sydney, Australia

## Lessons from Developments in the Understanding and Treatment of OCD

**Paul Salkovskis**, University of Bath, UK

## Enhancing Awareness and Understanding? Lessons from Sufizm

**Mehmet Sungur**, Medical Faculty of Marmara University, Istanbul, Turkey

## French Language Programme

### TCC et Cultures

**Jamal Chiboub**, President of AMTCC

### Thérapie Cognitive-comportementale et Neurosciences

**Jean Cottraux**, Lyon University, Scientific Director: IFFORTHECC, Lyon, France

### Troisième Vague des TCC : validité scientifique

**Pierre Philippott**, University of Louvain, Belgium



Jamal Chiboub



Jean Cottraux



Pierre Philippott

# Pre-Congress Workshops



Mark Freeston



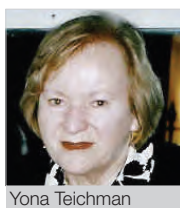
Mark Van der Gaag



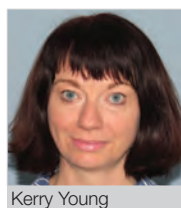
Winfried Rief



Ulrike Schmidt



Yona Teichman



Kerry Young

## Workshop 1

### Imagery Rescripting for Trauma Related Problems

Arnoud Arntz, Maastricht University, Netherlands

## Workshop 2

### Cognitive Therapy for Depression

Judith Beck, University of Pennsylvania, USA

## Workshop 3

### Interpersonal/Emotional Processing Therapy for Generalized Anxiety Disorder

Tom Borkovec, University of Illinois, USA

## Workshop 4

### CBT for complex cases: Looking for Patterns and Developing Treatment-guiding Hypotheses

Mark Freeston, Newcastle University, UK

## Workshop 5

### Emotional Schema Therapy

Robert Leahy, American Institute of Cognitive Therapy, US

## Workshop 6

### Exposure Therapy: Many Ways To Do it Wrong, but Some To Do it Right:

Jurgen Margraf, Ruhr-University of Bochum, Germany

## Workshop 7

### The Nature and Treatment of Anxiety Disorders Among Children and Adolescents

Ron Rapee, Macquarie University, Sydney, Australia

## Workshop 8

### The Psychological Treatment of Somatic Symptoms

Winfried Rief, Philips-University Marburg, Germany

## Workshop 9

### Helping People to Choose to Change: Focused CBT for Obsessional Problems

Paul Salkovskis, University of Bath, UK

## Workshop 10

### Maudsley Model of Anorexia Nervosa Treatment for Adults (MANTRA)

Clinical outcomes for anorexia and its application to other eating disorders  
Ulrike Schmidt, Institute of Psychiatry, UK

## Workshop 11

### Supervision and Beyond

Yona Teichman, Tel Aviv University, Israel

## Workshop 12

### Developments in CBT for Psychosis

Mark Van der Gaag, Vrije Universiteit Amsterdam, the Netherlands

## Workshop 13

### Treating Post-traumatic Stress Disorder in Asylum Seekers and Refugees: How to Make Cultural Adaptations to Standard Cognitive Behavioural Treatment Approaches

Kerry Young, Forced Migration Trauma Service, UK



## French Language Pre-congress Workshops

### Workshop 14

#### Thérapie Cognitive des Troubles de la Personnalité

Jean Cottraux, Former Head of Unit, Lyon 1 University  
Scientific Director: IFFORTHECC, Lyon, France

### Workshop 15

#### Addiction A l'Internet / Addiction Comportementale

Charly Cungy, Association Suisse de Psychothérapie Cognitive, Geneva, Suisse

### Workshop 16

#### TCC des symptômes psychotiques

Jérôme Favrot, Institut et Haute Ecole de la Santé La Source – Lausanne, Suisse

### Workshop 17

#### Troubles Oppositionnel

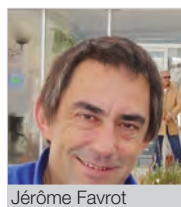
Gisèle George, AFTCC, France



Charly Cungy



Gisèle George



Jérôme Favrot

The Pre-congress workshops will run from 9.30 to 17.00 on Wednesday 25th September. Full details for all the workshops can be found on the Congress website on [www.EABCT2013](http://www.EABCT2013)





# Registration Information

All participants must complete the registration form. Online registration is available on the Congress website **[www.eabct2013.com](http://www.eabct2013.com)** or you can download a form and email or fax it to the congress secretariat

## The Congress Registration

\* Members are paid up members of one of the member or affiliate member associations of EABCT (Europe), ABCT, (USA), ALAMOC (South America), ABCBT (Australia), Japan.

\*\* Countries designated as Emerging Countries are detailed on the registration page of the website and on the on-line registration form.

\*\*\* Proof of Status (photocopy of International Student Card - ISIC) must be sent with the registration form to the Congress Secretariat.

Registration Fee	Until 24 May 2013	After 24 May 2013	After 20 September 2013 & on-site
Member*	EUR 465	EUR 525	EUR 600
Emerging Countries**	EUR 275	EUR 320	EUR 380
Student***	EUR 275	EUR 320	EUR 380
Non-Member	EUR 530	EUR 600	EUR 675
Accompanying Person	EUR 100	EUR 120	EUR 150

## The Registration Fee Includes

- Admission to the scientific sessions from Thursday 26th September to Saturday 28th September 2013 except for the congress workshops
- Final programme and abstract book
- Badge
- Access to the exhibition area and poster sessions
- A certificate of attendance
- Coffee breaks and lunch each day
- Tourist information on Marrakech
- Opening ceremony and welcome reception Wednesday 25th September 2013 at the Palmeraie Golf Hotel

## The Accompanying Person's Registration Fee Includes

- Access to the exhibition area and poster sessions
- Access to the International Party
- Tourist information on Marrakech
- Opening ceremony and welcome reception Wednesday 25th September 2013 at the Palmeraie Golf Hotel

For Group Rates of 8 or more people contact the Congress Secretariat

## The Pre-Congress Workshop Registration Fee Includes

- Access to one pre-congress workshop of your choice
- Badge
- A certificate of attendance
- Coffee breaks and lunch
- Handouts related to the workshop

## Full Day Pre-Congress Workshop Registration

Registration Fee	Until 24 May 2013	After 24 May 2013
Member*	EUR 125	EUR 150
Emerging Countries**	EUR 95	EUR 125
Student***	EUR 95	EUR 125
Non-Member	EUR 150	EUR 180

An in-congress workshop programme will be posted on the website and emailed to delegates when the final programme has been agreed in April 2013. Delegates will be able to book on line in advance or at the congress

Moroccan and other North African delegates will have the opportunity to register and pay in Dirhams. Details will be published on the web site.

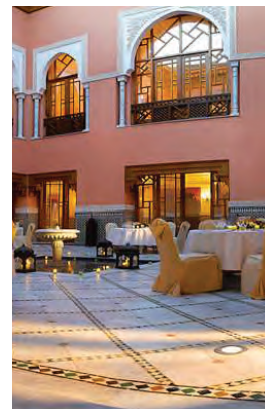
# General Information

## Congress Venue

The Congress will be held at the  
**The Palmeraie Hotels & Resorts**  
Les Jardins de la Palmeraie | Circuit  
de la Palmeraie, Marrakech 4000,  
Morocco

<http://www.palmeraiemarrakech.com/>

The Palais des Congrès de la  
Palmeraie offers an excellent venue  
for the scientific programme that will  
ensure the success of our event.



## Congress Secretariat

### EYAS LTD

7 Temple Bar Business Park,  
Strettington, Chichester,  
West Sussex PO18 0LA,  
United Kingdom

t: +44 (0)1243 775561

f: +44 (0)1243 776738

e: [eabct2013@eyas.co.uk](mailto:eabct2013@eyas.co.uk)

[www.eyas.co.uk](http://www.eyas.co.uk)



## Congress Dates

A programme of Full Day Pre-  
Congress Workshops will be held  
on Wednesday 25th September 2013  
The Congress will start on Thursday,  
26th September 2013 and will end  
on Saturday, 28th September 2013.

## Registration

Registration will take place in the  
entrance foyer of the Palais des  
Congrès de la Palmeraie at the  
following times:

**Tuesday 24th September 2013**  
16.00 - 20.00

**Wednesday 25th September 2013**  
08.00 - 20.00

**Thursday 26th September 2013**  
08.00 - 16.00

**Friday 27th September 2013**  
08.00 - 16.00

## Food and Beverage

Complimentary coffee and tea will be  
served during official breaks in the  
exhibition/poster area in the Palais  
des Congrès de la Palmeraie

A complimentary buffet lunch will also  
be served to delegates each day.

## Languages

The official congress language will  
be English but a limited number of  
sessions will be in French. Details will  
be included in the final programme.

## Entering Morocco

While many European nationals do  
not require a visa to enter Morocco  
some do. Information about  
requirements can be found on  
<http://www.tourisme.gov.ma> and  
on the congress website  
[www.eabct2013.com](http://www.eabct2013.com).

EYAS Ltd can help with  
documentation that maybe  
required and can be contacted on  
[eabct2013@eyas.co.uk](mailto:eabct2013@eyas.co.uk)

## Marrakech Airport

Marrakech-Menara International  
Airport ([http://marrakech.airport-  
authority.com](http://marrakech.airport-authority.com)) is situated 6 km  
(4 miles) southwest of Marrakech  
and is approximately a 20 minute taxi  
journey from the Congress venue.

There are regular direct flights from  
both national and budget airlines  
including:

Air France | Atlas Blue | Binter  
Canarias | British Airways | Brussels  
Airline | EasyJet | Iberia | Jetairfly  
| KLM | Luxair | Royal Air Maroc  
| Ryanair | Swiss | TAP Portugal  
| Thompson | Transavia | Vueling  
Airlines

Many more carriers fly into  
Casablanca where there are good  
connecting flights to Marrakech

See [www.eabct2013.com](http://www.eabct2013.com) for  
further information.

## For information on Marrakech

Visit the "Marrakech Guide" on the  
EABCT Congress website.



# Marrakech

In the heart of exotic Morocco is Marrakech. Framed by the snowy heights of the Atlas Mountains, with rose-colored ramparts and a thousand year old palm grove, the city casts a magical spell.

Sumptuous and exuberant, it radiates splendour and mysticism, at the dye merchants in the explosion of multicoloured wools, at Festival time in the rhythm of the music and the emotion of the dancers, in the idle talk of the merchants and in the skill of the jugglers.

Enchantments, you feel it in the shades of the blue gardens and in the overwhelming perfection of the Koutoubia, one of the biggest and most beautiful mosques in the world.

Marrakech, the capital of southern Morocco, is an ideal place for our congress. It is the cultural heart of the country, a city full of passion and energy. The most popular tourist destination in Morocco, it remains a most intriguing city, a place of magnificent architecture, vast palm oases and magical souks.

## Social Programme

Congresses organised by EABCT are not only well known for the quality of the scientific programme but also for the opportunity provided by the social programme for delegates to meet, socialise and enjoy themselves. The European Congress programme in Marrakech is designed to ensure that there will be plenty of opportunity to socialise in a relaxed and informal setting. Whether this is wining and dining together, dancing and partying into the early hours or just in a relaxed conversation at the end of a busy day we know that Marrakech will help

forge new friendships and contacts between delegates from all corners of the globe.

Marrakech is famous for its culture, its food and its energy so there is plenty to explore and experience in the city during, before and after the congress. However, we do hope that you will take advantage of the social programme we have put together for the congress.

**This official social programme will include:**

### Wednesday 25th September **Opening Event and Reception**

Join the organisers for a welcoming drink and canapés to celebrate the start of the Congress outside in the gardens of the Palmeraie Golf Palace, enjoy the poolside ambience and entertainment.

There is no charge for this event.

### Thursday 26th September **International Party**

The Congress Party is open to all and will take place at the Congress Venue. There will be no charge for this event but delegates will need to buy their own food and drink.

### Friday 27th September **The Grand Finale at the spectacular Palm Groves**

For a 'once in a life-time' experience join us in the heart of the Palm Groves.

An evening in the Palm Groves is an evening not to be missed! Experience a truly unique, magical and memorable Moroccan night; enjoy a traditional dinner under Moroccan style Bedouin tents and dance the night away under the starry Moroccan skies.

The cost for this exclusive evening is €95. Please book early to avoid disappointment.





Images © Robert Aarts

[www.arabpsynet.com/Congress/CongJ37-XXXXIIIemeAECBTMarrakech2013.pdf](http://www.arabpsynet.com/Congress/CongJ37-XXXXIIIemeAECBTMarrakech2013.pdf)

## Hotels and Accommodation

We have secured excellent hotel rates at the Palmeraie Golf Palace Hotel and the Hotel du Golf both located within easy access to the conference venue in the Palmeraie Golf Resort. We also have 2 and 3 bedrooms apartments available in the Palmeraie Village which is also located in the resort and is served by a complimentary shuttle to the congress centre

Palmeraie Golf Resort is a paradise of light and magic perfumes, where bougainvilleas, jacarandas, roses and hibiscus are at your bedroom door. It is situated outside of the city centre in an oasis of peace and freshness. Sport and leisure, golf, bowling, tennis, squash, horse riding, fitness centre (hammam, sauna, Jacuzzi, massage) and 5 swimming pools are there for your enjoyment. All rooms have balconies, mini bar, hairdryer, air conditioning, safe, television and radio. Free wifi is available in all rooms.

### Palmeraie Golf Palace

A 5\*Hotel with 325 rooms available at the congress rate of 1250 dirham's per night (€113.50 at time of going to press)

### Holiday Inn Marrakech Hotel du Golf

A 5\*hotel with 315 rooms, connected directly to the Palais des Congrès de la Palmeraie; with rooms available at 1000 dirham's per night (€91 at time of going to press)

### Palmeraie Village

2/3 bed-roomed villa's available at 1280 dirhams per night (€116 at time of going to press)

The rooms can be booked directly with Activ Travel by downloading a booking form from the eabct website: [www.eabct2013.com](http://www.eabct2013.com) and returning to Activ Travel. For any enquiries please email [eabct2013@eyas.co.uk](mailto:eabct2013@eyas.co.uk)

For further information on the Palmeraie Resort:  
[www.palmeraiemarrakech.com/indexuk.htm](http://www.palmeraiemarrakech.com/indexuk.htm)



Our partners in Morocco can assist with evening tours, ½ day tours and full day tours. They are available to help with pre and post congress tours if you wish. There are many sights to see and numerous activities available in Marrakech. Activ Travel will be on site and available to assist and advise with any activities you desire. It is preferable to pre book any activities and this can be done by emailing [alil@activ-travel.net](mailto:alil@activ-travel.net) [info@activ-travel.net](mailto:info@activ-travel.net)  
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